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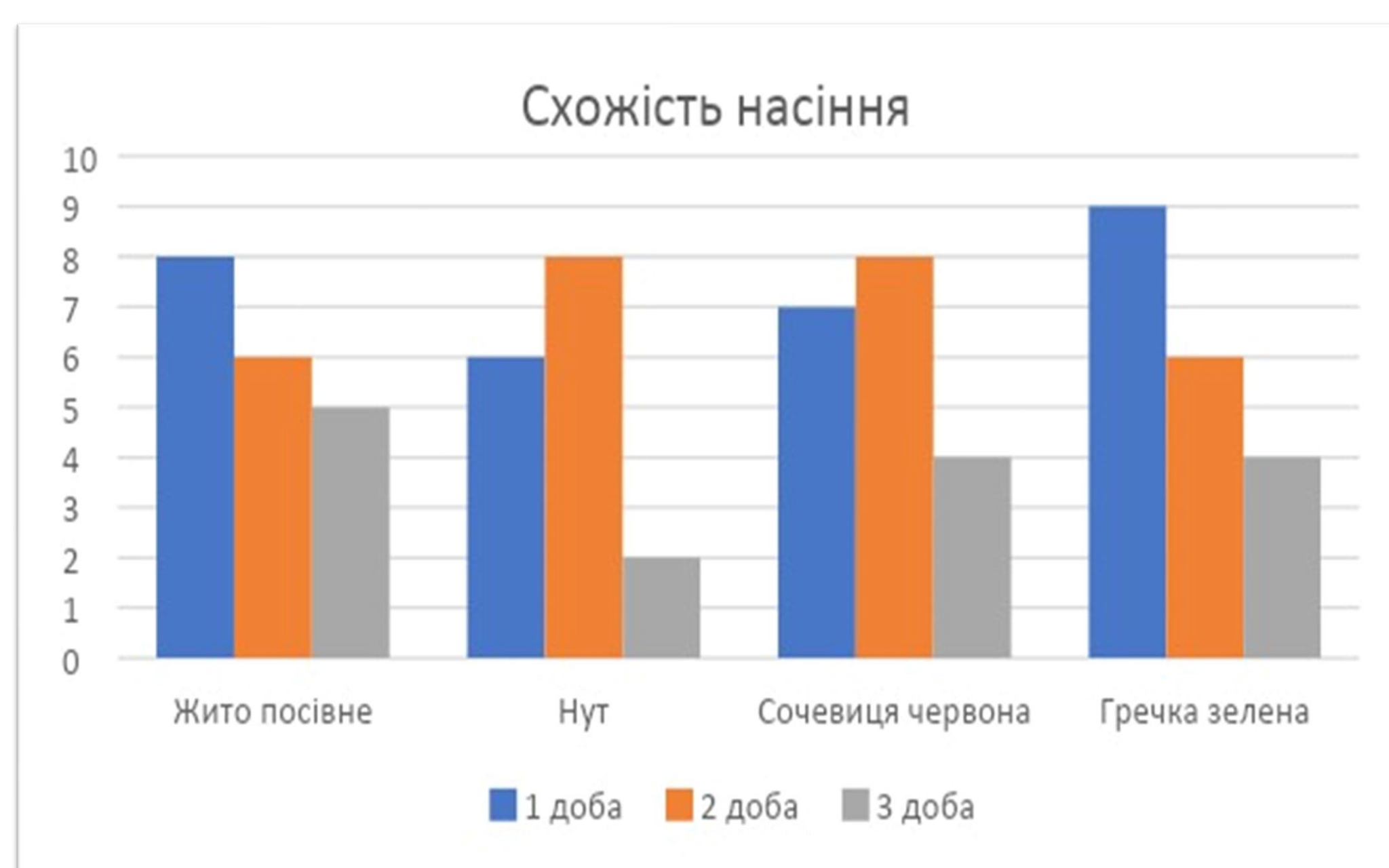
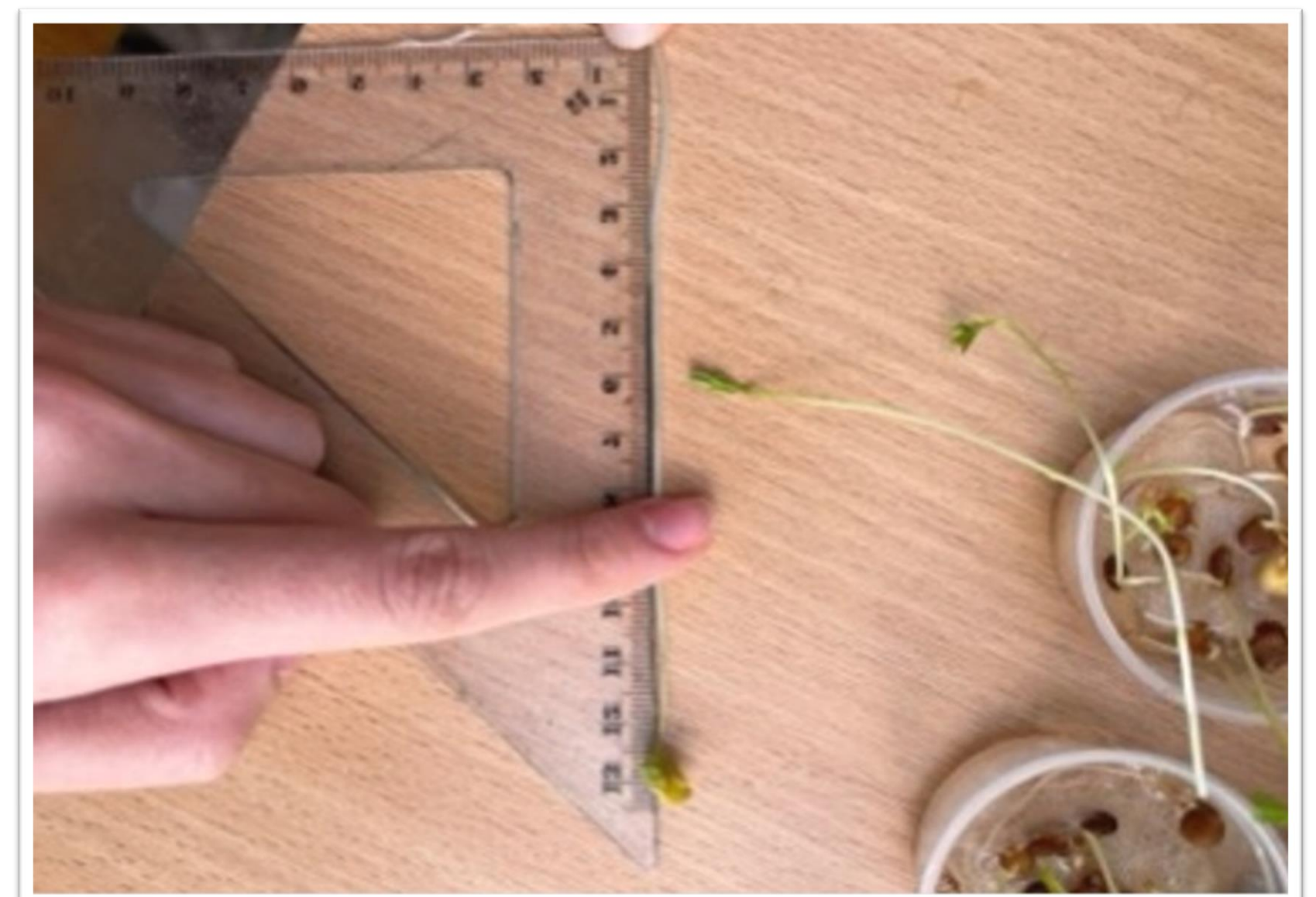
Project «Vitamin Green Boxes»

From personal goals to sustainable development goals

The purpose of the work is to investigate the possibility of growing microgreens at the secondary school named Source and their consumption by our pupils in order to enrich the diet with nutrients and vitamins.

This project can be implemented in an expanded form, taking into account the age range of the students and the anticipatory teaching techniques.

The product can be recommended as a start-up called My first business "Microgreen", volunteering.



Result: Children prefer vitamin snacks. After receiving information about healthy food, they offer their families positive changes in food culture. In children who are prone to allergic reactions, the replacement of artificial sweets with healthy vitamin snacks caused a decrease in the manifestation of allergies.

Implementation of the proposed STEM project shows the possibility of applying the acquired knowledge in real life