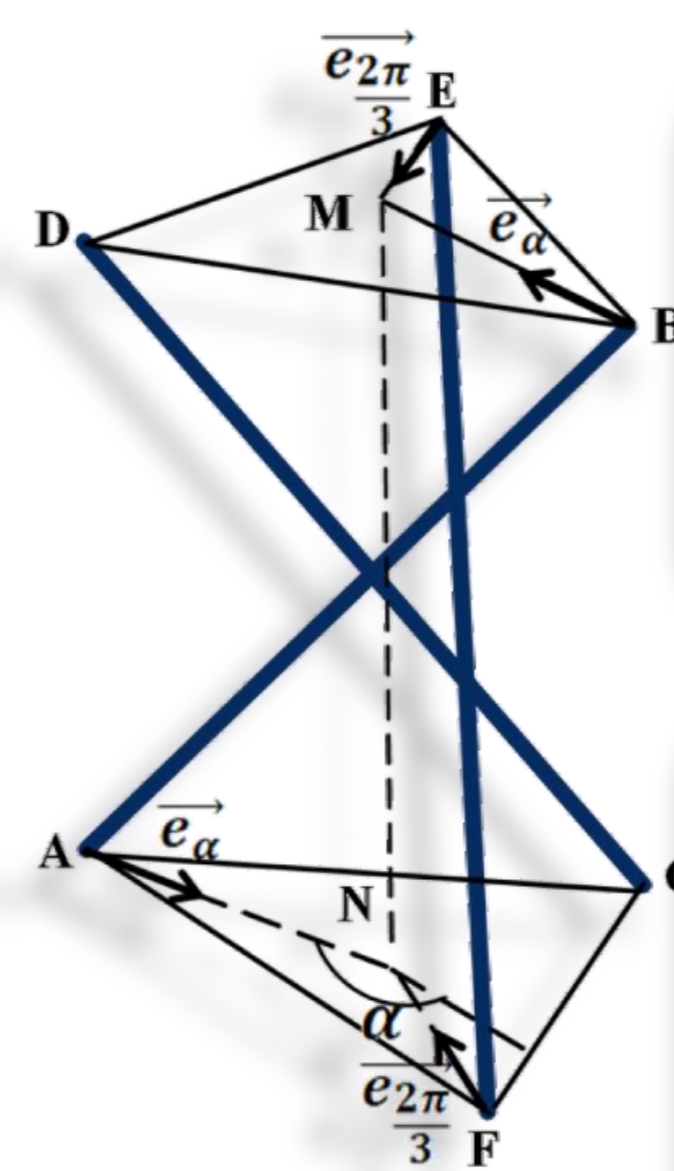


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Creation of Self-Stressed Structures

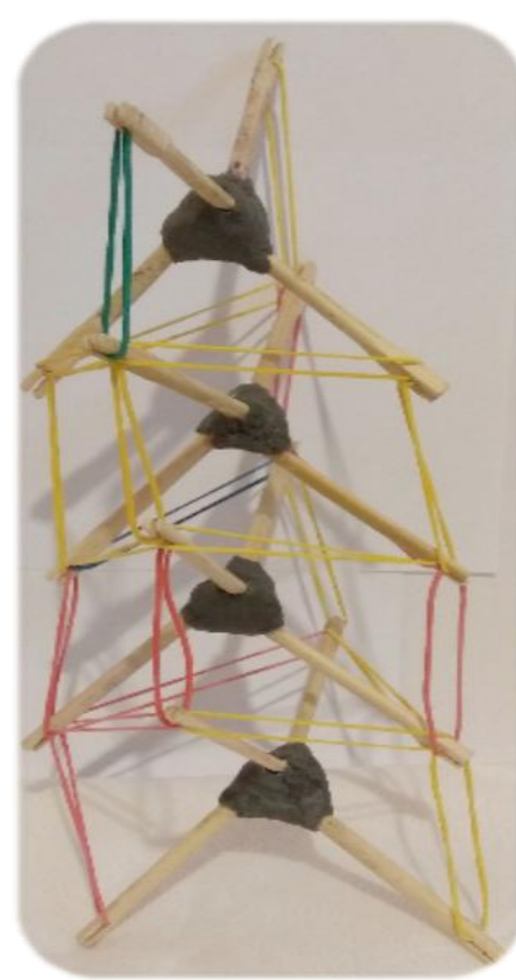
This project offers valuable benefits for STEM educators in fostering students' design and engineering skills, as well as nurturing their 3D imagination. It also presents opportunities for integrating science, technology, engineering, art, and mathematics. The project aims to achieve the following outcomes: 1) Introducing high school students to the innovative realm of tensegrity technology through hands-on models building. 2) Cultivating the creative and engineering abilities of students who consciously pursue careers in technology, engineering, and physics after graduating from school.



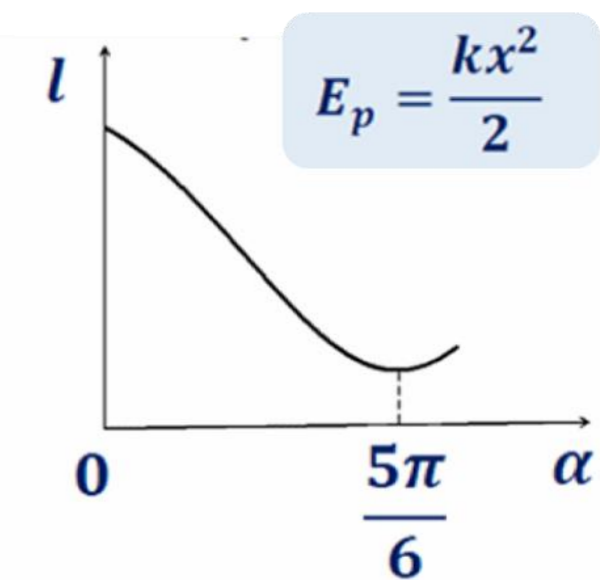
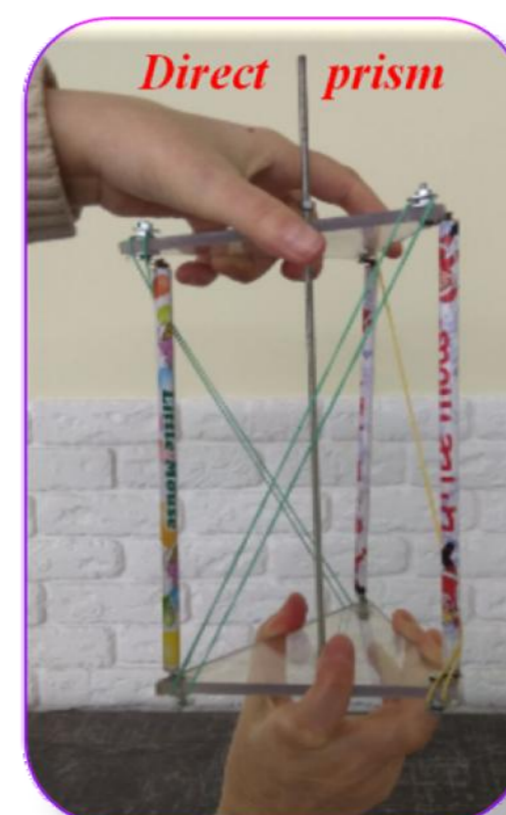
Condition of rigidity of a design

For all threads of the same length l and rods of length d

$$d = l \sqrt{1 + \frac{2}{\sqrt{3}}}$$



Tensegrity inside us: bones are strong elements that experience compression and fascia, muscles are elastic elements that are stretched
The principle of minimum potential energy - all elements in the balance



Graph of the dependence of the thread length on the rotation angle of the prism base



By using the vector method we found that the length of the thread l reaches a minimum at an angle of rotation of 150° of the upper base of the prism relative to the lower, i.e. the smallest stretching of the threads causes the least compression of the rods d :

$$l = d^2 - 2r^2 2 \sin \frac{\pi}{3} \sin \left(\alpha - \frac{\pi}{3} \right)$$

The word TENSEGRITY is a combination of two words: tension and integrity, which means a tense connection. This is the principle of constructing structures from rods and ropes, where the rods work in compression and the ropes work in tension, the rods do not touch each other

Conclusion: The self-made models help demonstrate the transformation of figures, the principle of minimum potential energy, functional dependencies between sizes, and vectors in space during Physics and Mathematics lessons